

SACRED PATH

The *Sacred Path* series is an invitation to rediscover and embrace ancient wisdom as a way to connect with our core and achieve a higher consciousness. It reflects my own spiritual journey inspired by the ancient wisdom found in symbolic writings and the geometric shapes and proportions coded in sacred architecture.

During my exploration of ancient symbols and historical imprints, I was particularly intrigued by labyrinths and mandalas as tools for meditation and creation of sacred spaces, which led me to the idea of Sacred Path.

I started by creating symbolic circular and square shapes from layers of water photography, another constant theme in my work. I overlaid these images with symbolic writings, poetry, signs and numbers, further deepening the visual field. In the final layer a labyrinth shape embraces and unifies all underlying elements under its natural calming rhythm.

Each work of *Sacred Path* is intended to take the viewer on a visual meditation walk where she can re-evaluate things past, unclutter the mind and embrace the present.